

Shopping is now one of the most popular forms of leisure activity in many countries for young adults.

Why is this?

Do you think this is a positive or a negative development?

Today, shopping is ~~the~~ an inseparable part of ~~the~~ modern life, especially for spending pastime, and not only about the goods individuals need. The importance of time is not recondite to anyone and I think that people should care about how they spend their time.

In the beginning, it should be said, there are many different reasons for advocating spare time to buying and we can see almost the youngsters care for accomplishing it rather than their elder counter~~parts~~ parts. First of all, roughly all of the young generation wants aspires to be more attractive and show their best appearance ~~from their own~~, so they try to buy any new clothes and jewelry. Moreover, they are influenced by their peers, thereby going ~~to the~~ window shopping, and setting ~~the~~ meeting in ~~the~~ shopping malls have become a regular plan for filling spare-time.

Secondly, "time" cannot be retrieved back and allocation of the whole ~~the~~ free time to shopping can be waste of ~~the~~ time, money and energy in different ways. Although shopping can make people happy, it is a short-term pleasure. While, instead of repetition of this manner, individuals can get involved with some more efficient activities in fields of sport and art such as, football, volleyball, painting, music, so that, they can improve their teamwork, intellectual ual, and physical skills.

To put it in a nutshell, I personally opine that neglect of time can have ~~the~~ irreversible effects for both individuals s and society. To this end, authorities, governments and families should ~~be~~ motivated individuals especially young ones s to do engage in/pursue activities which ~~is~~ are more profitable physically, intellectually and socially.